

RULES OF THE IDTA NATIONWIDE MEDALLIST COMPETITIONS
RULES APPLICABLE TO ALL BRANCHES 2017
amended 14th March 2017

- 1 Each Area will select a specific competition for the purpose of selecting the competitors for the Nationwide competition. This specific contest may be any time prior to the Nationwide competition.
- 2 Professional or student professionals (who shall be defined as persons who have lost their amateur status) shall not be allowed to partner or compete in the Nationwide competitions. A person who has taken a Pre-Associate (Student) or any other professional qualification, in any core or non-core genre, from any dance teaching association recognized by the IDTA/BDC, including modules and derives income from teaching dancing shall be deemed to have lost their amateur status. See also Ballroom, Latin, Classical Sequence and Modern Sequence rules below.
- 3 All competitors in Nationwide must have passed an IDTA one dance medal test or above, or Graded examination (not a Social Dance Award, All Round Efficiency), in the branch concerned in the previous twelve months prior to the qualifying heat. *See also Freestyle and Rock 'n' Roll and Street Dance rules below.*
- 4 All competitors must enter Nationwide Heats in the Area in which their dance school competes and may only compete in one Area.
- 5 If a pupil leaves their school after qualifying for a Nationwide Final, they forfeit the right to compete in the Finals in that year. The teacher who has lost the pupil must inform their Nationwide Area Representative as soon as possible. (with effect from 1st June 2015)
- 6 When competitors have been called to the floor, the heat, semi-final or final will not be delayed if a competitor is not available.
- 7 Each competitor shall dance in the age group in which he or she qualified at his or her respective Area heat.
- 8 After the start of a competition partners may not be changed unless an emergency arises.
- 9 Child Protection / Safe Guarding guidelines recommend that photography and filming should not be permitted. If you photograph or film your own child, we recommend that you do not publish the images on public/open social networking sites.
- 10 Any complaints are to be taken by the school principal to their Area representative, who will inform the chairman, who will confer with the sub committee.
- 11 No school name or logo to be worn by competitors while dancing in the Nationwide competitions.
- 12 Repechage MAY be used for first rounds where applicable.
- 13 Any substances that could cause a hazard or leave a residue on the dance floor must not be used.
- 14 Competitors must be courteous to other competitors and adjudicators at all times.

15. If a competitor is injured or ill and the paramedics state that they must not dance the appropriate people will be advised (parent/guardian/chaperon/teacher) and the committee and scrutineer will be advised. The competitor will not be allowed to dance against medical advice.
16. **Photography/Filming**
The IDTA will be videoing this competition and the footage or still images maybe used for promotional/advertising purposes. Anyone who does not wish to be film must notify the organisers prior to event and when collecting their number cards at the event and they will be removed from any footage.

In the event of television coverage, live streaming or production of a DVD recording all competitors agree that the rights to any fees from such recording will vest with IDTA Ltd (the organisers) and no competitors nor associations shall have any claim against the organisers, television company, video streaming company or DVD producer.

17. **Number cards**
A representative from each school, either the principal or a nominated person must collect all the number cards for the school by 2.00 pm. Number cards will not be issued after this time. Competitors must not collect number cards.

Ballroom & Latin and Classical Sequence & Modern Sequence

- B1. The Nationwide Medallist of the Year Competitions are national competitions for IDTA medallists only.
- B2. Professional, student professionals and Open Competitors, whether registered or not, are not eligible to enter and are not allowed to dance either with competitors in the Nationwide competitions. This includes All Girl, Open Club or Social competitions
- B3. Competition dancers (who shall be defined as anyone who has danced in any open competition in the last one year in any Branch) shall not be allowed to dance either with or as competitors in the Nationwide competitions unless one year has elapsed from their last open competitive event.
- B4. Competitors may not partner each other in the same competition.
- B5.** All competitors aged 12 or under must comply with the Juvenile dress rules laid down by the British Dance Council, with the exception of the dress length for the Ballroom and Classical Sequence competitions, where either skirt length may apply.
 * Ear rings may be small (eg: studs and not drops), hair decoration small flower decoration no more than 11 cms.
 * Dress for Gentlemen/Boys 13 years and over- no tails.
 * Dress for Ladies/Girls 13 years and over - no restriction.
- B6. In Latin competitions lifts, leaps and jumps are not permitted in any of the rounds or finals.

- B7. Ballroom and Latin: Two dances to be danced in the first round, excluding the Viennese Waltz and Paso Doble. Repechage maybe included if required.
Subsequent rounds up to and including the semi-finals will be two dances drawn by lot on the day.
All five dances will be danced in the final round of the Latin competitions
All five dances will be danced in the final round of the Ballroom competitions -
Over 60's to dance all five dances in the Latin section in rotation, excluding the Paso Doble in the Final in 2017.
Over 60's to dance all four Ballroom dances in the Final, excluding the Viennse Waltz.
- Classical Sequence and Modern Sequence:
Two dances to be danced in the first round. Repechage maybe included if required.
All rounds up to and including the semi-finals will be two dances drawn by lot on the day.
All four dances will be danced in the final of the Classical Sequence and Modern Sequence competitions.
- B8 Restricted Syllabus:
Two dances, one from the Ballroom branch and one from the Latin branch will be restricted syllabus and rotated annually.
- Ballroom - all figures, precedes and follows will be restricted to those given in 'The Technique of Ballroom Dancing' by Guy Howard (revised 2011 and reprint 2016).
- Latin American - all figures, precedes, follows and holds will be restricted to those given in the 'Laird Technique of Latin Dancing' by Walter Laird 2014 edition
- Medallists 12 years and under must dance IDTA restricted syllabus figures in all dances.
- B9 Qualifying heats for girls in the 13-15 years inc. and 16-24 years inc. age groups will be run in two sections, girl partnered by boy or girl partnered by girl. A girl may not dance in both sections.
- B10 A girl must dance in the section in which she has qualified except in exceptional circumstances in which case prior permission from the appropriate Nationwide Area Representative (who will consult with the Nationwide Committee) must be obtained. Requests on the day of the competition must be made by the teacher to the appropriate Nationwide Area Representative.
- B11 The qualifying dates for all age groups are:
1st October for the Ballroom and Latin Finals,
1st May for the Classical & Modern Sequence Finals

Freestyle and Rock 'n' Roll

- FR1 All competitors in Nationwide must have passed an IDTA one dance medal test or above, or Graded Examination (not a Social Dance Award or All Round Efficiency), in the Branch concerned, in the previous twelve months prior to the qualifying heat. Competitors must only dance in the highest grade in which they hold an IDTA medal in the relevant Branch.

For the up to 9 years inc. Rock 'n' Roll competition and the Freestyle Pairs competition, the competitors must have taken a Freestyle Rosette, or a Freestyle or Rock 'n' Roll medal test or Freestyle Stardance Award in the last twelve months.

Freestyle and Rock 'n' Roll are separate branches.

FR2 Floor spins where partner contact is lost are not allowed. Acrobatics and lifts are allowed, but no freehanded rotating movements are allowed in any area of the Freestyle competitions, (solos / pairs / teams / Rock 'n' Roll). 'Freehanded' means where there is no support or contact from the partner or no contact with the floor with feet or hands during the rotational movement, therefore, for example, cartwheels are allowed but unassisted or independent back-flips are not allowed. An Arab Spring is not allowed because it is a combination movement between a cartwheel and a walkover. Death Dives are not permitted. **All lifts and throws are potentially dangerous and great care should be taken to ensure that the preparation, execution and landing of the lifts are fully understood.**

Note: Freestyle solo spots, when the finalists are introduced, are not part of the competition.

FR3 Rock 'n' Roll is a non-progressive dance form and competitors must not travel around the floor. The majority of the dance should be in hold. In Rock 'n' Roll no Solo Box Jumps, Solo Splits or Illusions (also known as "Windmill") are to be danced.

FR4 The wearing of shoes for the Freestyle Solo, Pairs and Team competitions is recommended. Competitors are, however, advised to wear shoes when moving around the Ballroom. Shoes must be worn for Rock 'n' Roll competitions.

FR5 For Freestyle pairs and teams, a majority of Freestyle choreography must be used.

FR6 Qualifying heats for Rock 'n' Roll in the 10-12 years inc, 13-15 years inc, 16-18 years inc and 19-25 years inc. age groups will be run in two sections, girl/lady partnered by boy/man or girl/lady partnered by girl/lady. A girl/lady may not dance in both sections.

FR7 A girl/lady must dance in the section in which she has qualified except in exceptional circumstances in which case prior permission of the Nationwide Committee must be obtained.

FR8. The qualifying date for all age groups is 1st May for the Freestyle and Rock 'n' Roll Finals.

FR9. Teams consist of a minimum of 4 and a maximum of 16 members.
A **MAXIMUM** of 3 minutes is allowed from the start of the music.
Only ONE designated person will be allowed to video.

FR10. A competitor may only dance in one Freestyle Team.

FR11. In Freestyle Pairs and Rock'n'Roll competitions if one member of the qualifying couple leave their school, the privilege remains with the qualifying school to replace that member. Should a partnership divide within the school, the teacher will decide which of the two partners shall compete. There shall be no increase in the number of couples competing.

FR12. Emergency substitutes are permitted in Freestyle Teams provided that all of the competitors are in the same qualifying age group.

FR13 Any competitor who leaves the floor, unless taken off by the paramedics will be disqualified.

FR14 If a competitor touches an adjudicator they will be disqualified

FR15 For Solo and Pairs the number of "runs" is limited to 4, other progressive movements are allowed and may precede or follow "runs".

FR16 Slow Dance can be stationary to progressive.

Freestyle and Rock 'n' Roll Age Groups

- FR17. Solo - Competitors must always dance in their own age group category.
- FR18. Freestyle Pairs and Rock 'n' Roll competitions - All age groups below and including 18 years and under - The eligibility of a pair to enter a competition is determined by the age of the elder member. Example: if one member of the couple is 9 years old and the other is 16 years old the couple dance in the 16-18 age group category.
- FR19. Freestyle Pairs and Rock 'n' Roll competitions - All age groups above 19 years - The eligibility of a pair to enter a competition is determined by the age of the younger member.
Example: if one member of the couple is 20 years old and the other is 26 years old the couple dance in the 19-25 age group category.
- FR20. Freestyle Pairs and Rock 'n' Roll competitions - Where one member of the partnership is in the 16 to 18 year age group and the other is in the 19 to 25 they must dance in the older age group.
- FR21. Teams - in all age group at least 75% of the team members must be in the specified age group eg: 10 - 12 years.

Street Dance 2017

- S1 **For the 2017 Finals only** - All competitors in Nationwide must have passed an IDTA one dance medal test or above, (not a Social Dance Award or All Round Efficiency), **in Street Dance, in the previous twelve months prior to the finals.** Competitors must only dance in the highest grade in which they hold an IDTA medal in the relevant Branch.

From the 2018 Finals - All competitors in Nationwide must have passed an IDTA one dance medal test or above, (not a Social Dance Award or All Round Efficiency), **in Street Dance, in the previous twelve months prior to the qualifying heat.** Competitors must only dance in the highest grade in which they hold an IDTA medal in the relevant Branch.

- S2 Competitors **MUST NOT** perform acrobatics or any freehanded rotating movements ie: backflips, somersaults etc until the finals. Acrobatics are potentially dangerous and great care should be taken to ensure that the preparation, execution and landing is fully understood. (Freehanded' means where there is no support or contact from the partner or no contact with the floor with feet or hands during the rotational movement, therefore for example, cartwheels are allowed but unassisted or independent back-flips are not allowed.
An Arab Spring is not allowed because it is a combination movement between a cartwheel and a walkover. Death Dives are not permitted).
Head Spins are not allowed
Knee Spins and Freezes are not recommended. (Freezes ie: a break dance floor move - a stationery position achieved and held for one or more beats of music with one hand in contact with the floor).

All lifts and throws are potentially dangerous and great care should be taken to ensure that the preparation, execution and landing of the lifts are fully understood.

- S3 Street Dance is a non-progressive dance form and competitors must not travel around the floor.

- S4 All competitors **MUST** wear suitable footwear **AT ALL TIMES** for the Street Dance competitions. Appropriate Street wear is allowed but jewelry **MUST NOT** be worn.
- S5 For Street Dance duos and crews, a majority of Street choreography must be used.
- S6 The qualifying date for all age groups is: 1st October for the Street Dance Finals.
- S7. Crews consist of a minimum of 5 and a maximum of 16 members.
A **MAXIMUM** of 3 minutes is allowed from the start of the music.
Appropriate music must be selected by the team, notice to be taken of lyrics, radio edit to be used.
- S8 A competitor may only dance in one Street Dance Crew.
- S9 In Street Dance Duos competitions should one member of the qualifying couple leave their school, the privilege remains with the qualifying school to replace that member. Should a partnership divide within the school, the teacher will decide which of the two partners shall compete. There shall be no increase in the number of couples competing.
- S10 Emergency substitutes are permitted in Street Dance Crews provided that all of the competitors are in the same qualifying age group

Street Dance Age Groups

- S12. Solo - Competitors must always dance in their own age group category.
- S13. Street Dance Duo competitions - All age groups below and including 17 years and under - The eligibility of a pair to enter a competition is determined by the age of the elder member.
Example: if one member of the couple is 9 years old and the other is 14 years old the couple dance in the 14-17 age group category.
- S14 Street Dance competitions - All age groups above 18 years - The eligibility of a pair to enter a competition is determined by the age of the younger member. Example: if one member of the couple is 24 years old and the other is 26 years old the couple dance in the 18-25 age group category.
- S15 Street Dance Duos competitions - Where one member of the partnership is in the 14 to 17 year age group and the other is in the 18 to 25 they must dance in the older age group.
- S16 Crews and Quads - in all age group at least 75% of the crew or quad members must be in the specified age group eg: 10 - 13 years.

RULES OF THE IDTA NATIONWIDE ROSETTE COMPETITIONS 2017

General

- R1 *Each Area will select a specific competition for the purpose of selecting the contestants for the Rosette competition. This specific contest may be any time prior to the Nationwide competition.*
- R2 *There are two age groups - 3-5 years and 6-8 years.*
- R3 *Competitors may dance solo or with a partner.*

Ballroom & Latin and Classical Sequence & Modern Sequence

- R4 *Only Rosette syllabus figures may be danced.*
- R5 *As from 1st January 2014 all competitors must comply with the Juvenile dress rules laid down by the British Dance Council.*
- R6 *Rosette competitors are not permitted to dance in any other Nationwide competitions held on the same day.*
- R7 *During the Rosette and Stardance competitions one dress suitable for both dance styles should be worn. The adding or removing of a skirt during the competition is not allowed.*

Freestyle and Rock 'n' Roll

- R8 *Only Rosette syllabus figures may be danced in the Rosette Rock'n'Roll competition*
- R9 *Rosette competitors are not permitted to dance in any other Nationwide competitions held on the same day with the exception of the following where suitably qualified:
up to 9 years inc. Rock'n'Roll OR up to 12 years inc. Rock'n'Roll;
up to 9 years inc. Freestyle Pairs OR up to 12 years inc. Freestyle Pairs;
up to 9 years inc. Freestyle Team OR up to 13 years inc. Freestyle Team.
Up to 9 years inc. Slow dance*
- R10 *Any competitor who leaves the floor, unless taken off by the paramedics will be disqualified*
- R11 *If a competitor touches an adjudicator they will be disqualified*
- R12 *Teachers should encourage competitors to do no more than 4 "runs", other progressive movements are allowed and may precede or follow "runs".*

Street Dance

- R13 *Street Dance Rosette competitors are not permitted to dance in any other Nationwide competitions held on the same day with the exception of the following where suitably qualified:
up to 9 years inc. Street Dance Duos OR up to 13 years inc. Street Dance Duos;
up to 9 years inc. Street Dance Crew OR up to 13 years inc. Street Dance Crew.*

RULES OF THE IDTA NATIONWIDE STARDANCE COMPETITIONS**General**

- SD1 *Each Area will select a specific competition for the purpose of selecting the contestants for the Stardance competition. This specific contest may be any time prior to the Nationwide competition.*
- SD2 *There is one age group of 6-10 years.*
- SD3 *Competitors may dance solo or with a partner.*

Ballroom & Latin and Classical Sequence & Modern Sequence

- SD4 *Only Stardance syllabus figures may be danced.*
- SD5 *As from 1st January 2014 all competitors must comply with the Juvenile dress rules laid down by the British Dance Council.*
- SD6 *Stardance competitors are not permitted to dance in any other Nationwide competitions held on the same day.*
- SD7 *During the Rosette and Stardance competitions one dress suitable for both dance styles should be worn. The adding or removing of a skirt during the competition is not allowed.*

Freestyle and Rock 'n' Roll

- SD8 *Only Stardance syllabus figures may be danced in the Stardance Rock'n'Roll competition*
- SD9 *Stardance competitors are not permitted to dance in any other Nationwide competitions held on the same day with the exception of the following where suitably qualified:
up to 9 years inc. Rock'n'Roll OR up to 12 years inc. Rock'n'Roll;
up to 9 years inc. Freestyle Pairs OR up to 12 years inc. Freestyle Pairs;
up to 9 years inc. Freestyle Team OR up to 13 years inc. Freestyle Team.
Up to 9 years inc. Slow dance*
- SD10 *Any competitor who leaves the floor, unless taken off by the paramedics will be disqualified*
- SD11 *If a competitor touches an adjudicator they will be disqualified*
- SD12 *Teachers should encourage competitors to do no more than 4 "runs", other progressive movements are allowed and may precede or follow "runs".*

Street Dance

- SD13 *Stardance competitors are not permitted to dance in any other Nationwide competitions held on the same day with the exception of the following where suitably qualified:
up to 9 years inc. Street Dance Duos OR up to 13 years inc. Street Dance Duos;
up to 9 years inc. Street Dance Crew OR up to 13 years inc. Street Dance Crew.*